

Shoes for Arthritis

Having quality orthopedic shoes can have a positive impact on people who suffer with pain and swelling of their joints from arthritis. Wearing shoes that are the right size, width, and have a wide toe box can help feet and ankles with arthritis. Getting the right athletic and walking shoes can help you stay active. Having proper insole and arch support can help reduce the weight put on toes and balance aching heels. Having good shoes can help promote a healthy alignment and better circulation for feet with arthritis and other ailments.

The Importance of Good Shoes for Arthritis

It is important to have good shoes for arthritis because having comfortable and supportive footwear can reduce inflammation, swelling, and pain. Wearing cushioned shoes with good heel and arch support is important so the foot can relax and balance itself properly. You'll be able to stay on your feet and walk longer with family and friends. Diabetics with arthritis need proper ventilation and airy fabric that promote better circulation and foot conditions. If you choose to wear a shoe with a flat insole your feet will ache and your ankles will start to hurt. Cushioned insoles and firm midsoles with good arch support can also help stop pronation and pain that comes with it.

We have slippers that are perfect for post surgery as well as arthritis care. Nothing feels better than to slip on one of FeetRite's adjustable slippers when you want some comfort for your tired and aching feet. Just draw a warm bath and let your feet soak and relax. Then, step into soft house slippers that are easy to slip on and off. Promote healthy foot circulation and healing with [REDACTED] slippers and house shoes.

The Functions of Good Shoes for Arthritis

[REDACTED] has a wide variety of orthopedic casual shoes, dress shoes, sandals, boots, slippers, athletic shoes, and walking shoes that are compatible with arthritis. We carry shoes that are modern on the outside but supportive on the inside. There is a wide range of shoes with cushioned insoles that are healthy for the structure of the foot. There are also many shoes with the option of removable insoles, allowing you to customize your insoles with orthotic inserts, arch support inserts.

Walking or exercising may be challenging with arthritis so wearing shoes that have flexible insoles that support the arch, deep heel cups, and a wide toe box are best. With [REDACTED] you won't have to wear heavy shoes, we carry many that are lightweight. Getting laceless shoes with wide foot entrances and adjustable straps can be a better choice for arthritic hands.